

Surf Training Camp

High Quality Surf Coaching

— Olo —

Surf & Nature

An unique experience in Morocco.

Imagine waking up to a view of the longest wave in Africa... Drinking your morning coffee as you watch the perfect waves peeling off the point... The sun rising above the mountain, and the fishing boats heading out from the harbour. It's the start of another day at the Olo Surf & Nature surf camp - the ultimate surfing experience you wish would never end.

Our surf training camp takes place in our luxury villa, Dar Zitoun, located right above the beautiful Magic Bay of Imsouane. From the moment you arrive, we take care of everything for you so you can focus on what matters most - surfing!

Our expert surf coaching programme uses practical exercises, both in and out of the water, that are adapted to your level to help you achieve your surfing goals. With daily surf lessons, you will experience an exclusive surfing programme that includes daily video analysis of your surfing, surf theory sessions, physical training and many more activities that will increase your surfing knowledge and abilities.

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Daily Yoga classes are included.
- 06** Food
All your meals are included except lunch and dinner on Wednesday.
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From Saturday to Saturday, you will stay in a private room and private bathroom in a luxury villa right in front of the surf spot.

What's not Included

- 08** Day Off
During your time off, we propose extra activities, rest or surf.

Take me in!

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High Quality Surf Coaching



ImSouane has so much to offer, it has a dreamy peeling right-hand wave that can go on for 800m on a good day and consistently works all through the season, which gives us the perfect playground to teach and to make you experience surfing at his best!

The Pedagogy.

To provide you with the best coaching experience, we put together a teaching method that all of our instructors are thoroughly trained to follow. Our goal is to give you the skills, knowledge and confidence to prepare you to become an independent surfer who knows how to surf on their own in the future. Our pedagogy is built on skill development, meaning that we gradually master each skill in practice and theory based on your current surfing ability. Each level has a different training programme so you can focus on what you really need to learn and progressively build up your surfing skill and knowledge.

Discover our levels and all the activities that you will join during your surf training camp;

Level 1

Have you always dreamed of riding waves, but never had the chance to learn? Or maybe you've surfed a few times before but are lacking the confidence and knowledge to progress? This stage is a crucial part of your surfing journey, as it's where you can build the strong foundations to progress in the future. On this programme, you will learn all the basics of riding white water waves (waves that are already broken) and you will discover the incredible feeling of surfing your first green waves (waves that are not broken yet).

Level 2

Once you've been surfing for a week or more and are able to consistently stand up on broken waves, it's time to take your surfing up a level. This programme is designed to give you the skills to become an independent surfer, which means catching waves on your own, understanding the best type of wave to choose, and starting to surf along the face of a green wave.

Level 3

Now that you're confidently catching waves by yourself without any help, it's time to get technical. This programme will highlight the common mistakes that are holding you back and show you how to correct them. With our video analysis sessions, we will break down each aspect of your surfing and show you where you need to improve. With in-water training to teach you the main techniques in surfing, this is the best way for you to really skyrocket your surfing skills.

The Surf Training Camp.

During your week, you will take part in different activities to expand your surfing knowledge and improve your surfing skills in a fun and entertaining way.



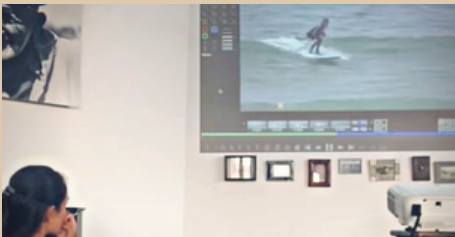
Ratio 1:4

Each group is built on the specific skills you need to learn. To improve efficiency, your instructor has a maximum of 4 students in each group so they can give you plenty of attention and feedback.



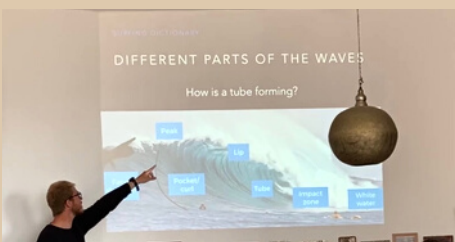
Surf Lessons

You will attend 10 hours of in-water coaching, and during these lessons your instructor will give you drills to help improve your surfing.



Video analysis

We will take videos of you surfing every day and analyze them after each session to show you where you can improve. You will also get a USB flash drive with all your videos to take home with you after the trip!



Theory classes

You will attend two theoretical courses tailored to your level of surfing to expand your knowledge of surf theory and ocean awareness.



Pool Training

Board control is a mandatory skill that every surfer needs to know in order to keep everyone safe. In our pool training sessions, you'll improve your paddling technique, learn different tricks to move your board faster and much more.

The Surf Training Camp.



Skateboard Training

Whether you're a beginner or more advanced surfer, skateboard training can be used to boost your confidence, improve your balance and enhance your agility on the surfboard. (Safety first, guaranteed.)



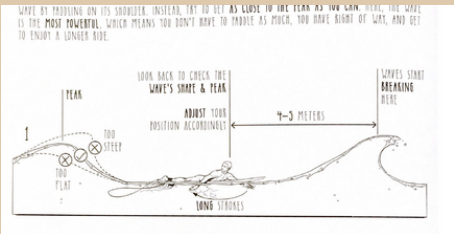
Briefings

You will participate in group and individual briefings where you can set goals, receive actionable tips and feedback and ask any questions about anything you don't understand or need more information on.



Surf Movies

Watching surf movies is a great way to be inspired by the skill and style of other surfers, recognize different types of waves and relax with all the new friends you'll make on the trip!



Workbook

We will give you a workbook to help you memorize what you have learned and take notes for your next surfing trip.

Surfing equipment

Our goal is to share the culture of surfing, which also means the possibility to try different types of boards allowing to feel the unique differences of each one. We pride ourselves on having a wide selection in our quiver with good quality boards from well known international and local shaper.

All your surfing equipments is included, surfboard, wetsuit, wax, sunblock. Depending on your surfing level, you will have the possibility of trying a different board.



Yoga



Yoga is a fundamental exercise to improve your surfing skills and capabilities. We offer daily yoga not as a fitness class, but as a transformative experience to deeply stretch and lengthen your surf-worn muscles. Deepen your breath, focus your intention, practice balance and improve your overall strength and sense of wellbeing. Whether you're feeling a slower and more restorative Yin class or a more dynamic Vinyasa flow, our yoga instructors will design classes that suit you and your needs. Once you start practicing on the mat, you'll soon see how the incredible effects of yoga translate onto your board!

All yoga classes are scheduled depending on the surf conditions to make sure you are not missing out! Each classes last one hour and are running every day!

The food



Our local chef will cook for you every day, combining the flavours, aromatic spices and exotic ingredients of the region. Most dishes contain plenty of vegetables with whole grains, freshly prepared side dishes and sweet fruits. We only buy seasonal fruits and vegetables from local suppliers in the surrounding areas. To encourage a more sustainable diet, every other day is "Veggie Day" at Olo, and on the other days there will also be either meat or fresh fish from the harbour with vegetarian options too.

During summer dinner is served at 21:00 and during winter at 19:00. All your meals are included except lunch and dinner on Wednesday during your day off.

Accommodation



Dar Zitoun, meaning “House of Olives”, is a striking white villa built on the dramatic cliffs of Imsouane, perched right above the Bay with easy access to the beach. Take in the natural surroundings from every corner of the villa and gardens, with breathtaking views over the mystical mountains, the open ocean and beyond. Inside the house you’ll find an aesthetic balance between contemporary architecture and traditional textiles, art and furnishings - a truly modern design with an authentic Moroccan flair.

In the main house there are four rooms of different sizes, each with an ensuite bathroom and private balcony or access to the pool terrace. In the spacious living room, you can curl up with a book on one of the cosy sofas or play boardgames by the fire at night. The kitchen is private for our staff so they can prepare your delicious breakfast, snacks and drinks that you can order throughout the day. You can enjoy your meals inside at the large dining table or outside on the cool terrace under the stars.



Stroll through the peaceful garden and you’ll find four bungalows each with ensuite bathrooms, each sleeping 2 to 3 people. All guests can enjoy the stunning swimming pool that is naturally cleaned with mineral salts and where we use much less chlorine than in usual pools. To make an effort to be more green, we clean the rooms with homemade, non-chemical products and we also produce our own shower gel and solid shampoo with natural tensides.

*The surf training camp is only held from Saturday to Saturday.
Check-in on arrival: 2pm / Check out on departure: 12pm*

Day Off

After surfing for 3 days, we usually recommend that you take a day off, either to free-surf or enjoy some much-needed downtime in Imsouane. We usually schedule a break on Wednesday, but it might be different depending on the surf and weather conditions. This day only includes breakfast, so if you want to have lunch and dinner with us, or join some of our recommended activities (see below), just sign up at the reception desk and we will explain everything for you in detail.

La Source



Watch the most magical sunset of your life on this short trip just 15 minutes from Imsouane. We will take you across the northern coast of Imsouane to hike a short distance up to a natural water source, where we will prepare a traditional Moroccan tea with biscuits by the fire and soak up the sunset colours over the Atlantic Ocean.

Visit of Essaouira



Essaouira means “little picture” in Arabic, and it really is a painter’s dream location. With a vibrant blue-and-white medina enclosed by fairy-tale, sand-coloured ramparts and imposing stone gates, it’s well worth the 1,5 hour drive to experience this unique city. There are plenty of cosy shops and amazing food places to try out, we’ll be happy to share our favourites with you!

Sandboarding



Just a half-hour drive from Imsouane are some amazing sand dunes overlooking the ocean. This is where you can have some fun speeding down the dunes on old surfboards. This trip takes half a day.

Cooking Class



With our Moroccan chef, you’ll prepare and learn some local dishes. .

Airport Transfer



Our prices includes the airport transfer from and to Agadir & Essaouira.

Booking & Prices

During booking, we will send you a form for you to fill out. This is how we learn more about your diet, allergies, surfing experience and other important matters before your arrival.

Surf Only | MAD 8 200 / 790 € |

The surfer has all the features mentioned above except the accommodation.

Solo Surfer | MAD 14 500 / 1 390 € |*

The surfer has all the features mentioned above included.

Surfer with non surfing partner | MAD 17 000 / 1 625 € |*

The surfer has all the features mentioned above included, the partner will share the room with the surfer and enjoy the full board meal. (*This one*)

Surfer with surfing partner | MAD 23 500 / 2 250 € |*

Both surfers have everything included from all the features mentioned above.

*STARTING FROM; Prices will vary based on the room type you choose and availability.

Looking forward to see you in our next Surf Camp Training!